

THE ADVENTURES OF...



The
**True
Sunbeam**

By Mark Olmstead

Original Family Keepsake Coloring Book

See authors note inside .

To Quinlan,
Stay Tuned +
Shine On!
"Uncle" Mark

THE ADVENTURES OF...

The

True Sunbeam

By Mark Olmstead

The Original Family Keepsake Coloring Book

— See Author's Note Inside —

★ ★ For best results use colored pencils ★ ★

The Adventures of The True Sunbeam

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Author's Note:

A Coloring Book Today...

A Story Book Tonight...

A Family Keepsake that Lasts a Lifetime!

Thank you for helping make this world a brighter place by sharing this book's message in the following three ways:

ENCOURAGE CREATIVITY

Give the book to a child to complete, after you have colored, signed and dated a page yourself.

Remember, for all ages coloring provides:

•Stress Relief •Relaxation •Improved Vision and Dexterity!

INSPIRE A CHILD

Read this delightful story to your Little Sunbeam, especially prior to dreamtime, reminding them to Shine On!

CREATE A KEEPSAKE

Along with coloring, signing and dating a page, in the back of this book your child, family members, and special people in their life can write about "Shining Moments" they have shared for your child to cherish for a lifetime.

For your free download of "Starchild," the theme song for The True Sunbeam series, and to order additional books and music, visit:

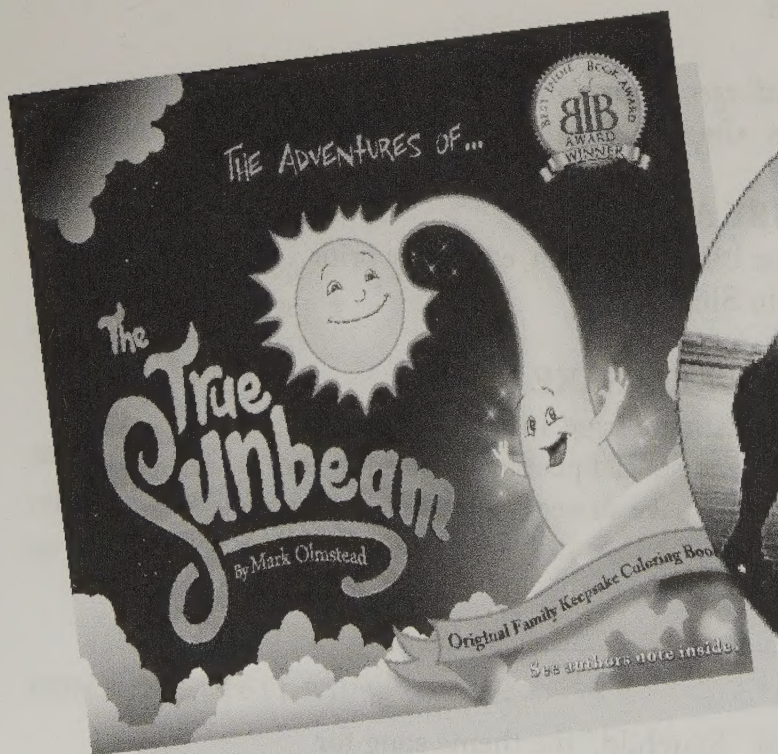
www.TrueSunbeam.com

Welcome to the True Sunbeam Family!

Download the FREE Companion Song

Star Child

And Enjoy It With Your Child Today!



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Acknowledgments

My original stick-figure designs were first brought to life by Stan Blinco.
Mason Parker conveyed his love of nature by adding the landscapes and it was all brought
together and completed by my “art hero” Leo Cortez.

Cover Design by Leo Cortez www.art-hero.com

Thanks Guys!

Dedications

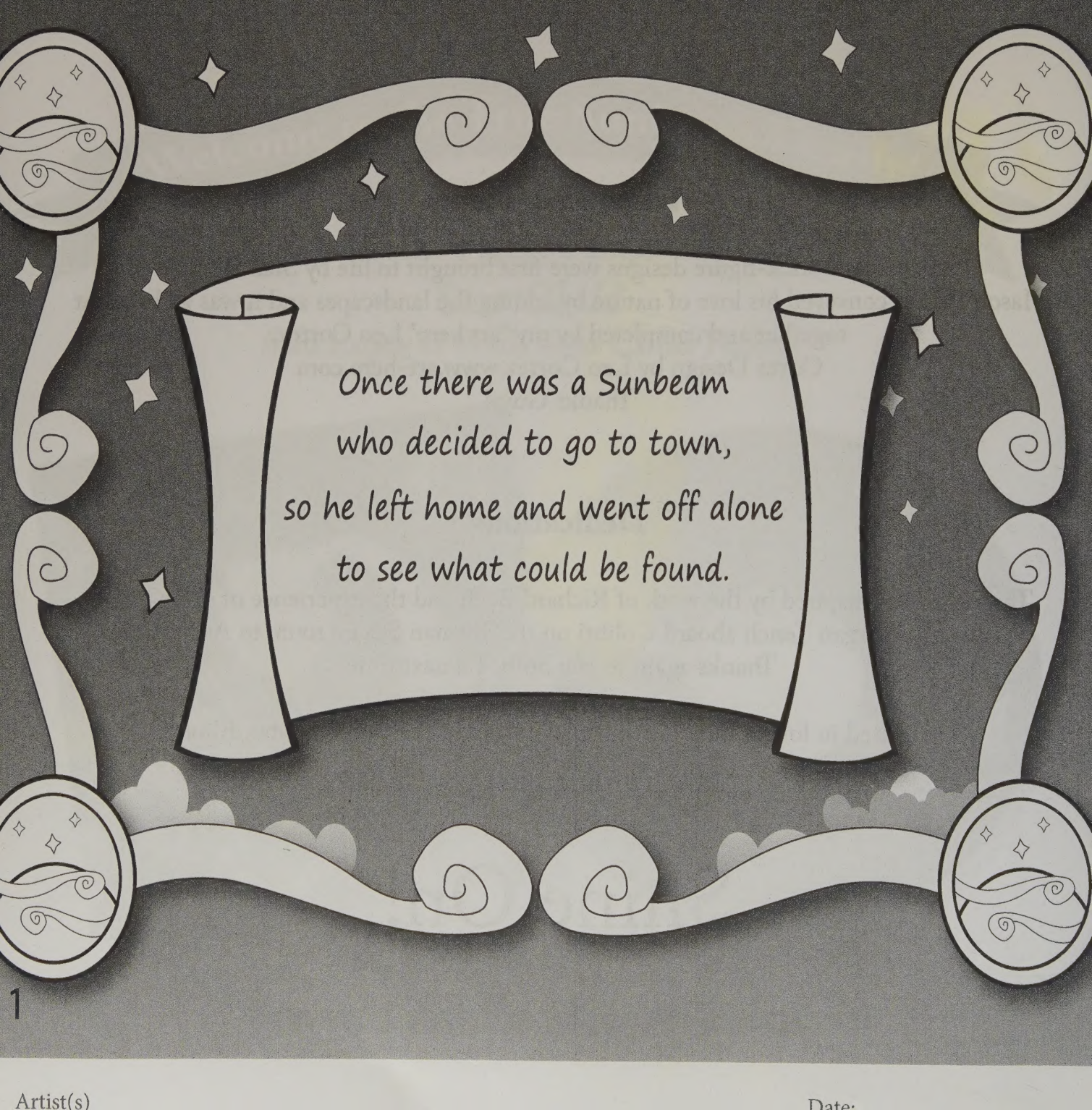
This book was inspired by the work of Richard Bach and the experience of sailing with
Dennis Morgan Tench aboard Colibri on the Tasman Sea en route to Australia.

Thanks again to you both. Til next time!

Dedicated in loving memory and celebration of the amazing Stan Blinco.

And to my mom, Linda, the truest Sunbeam I've ever known.

Shine On!



Once there was a Sunbeam
who decided to go to town,
so he left home and went off alone
to see what could be found.



Artist(s) _____

Date: _____

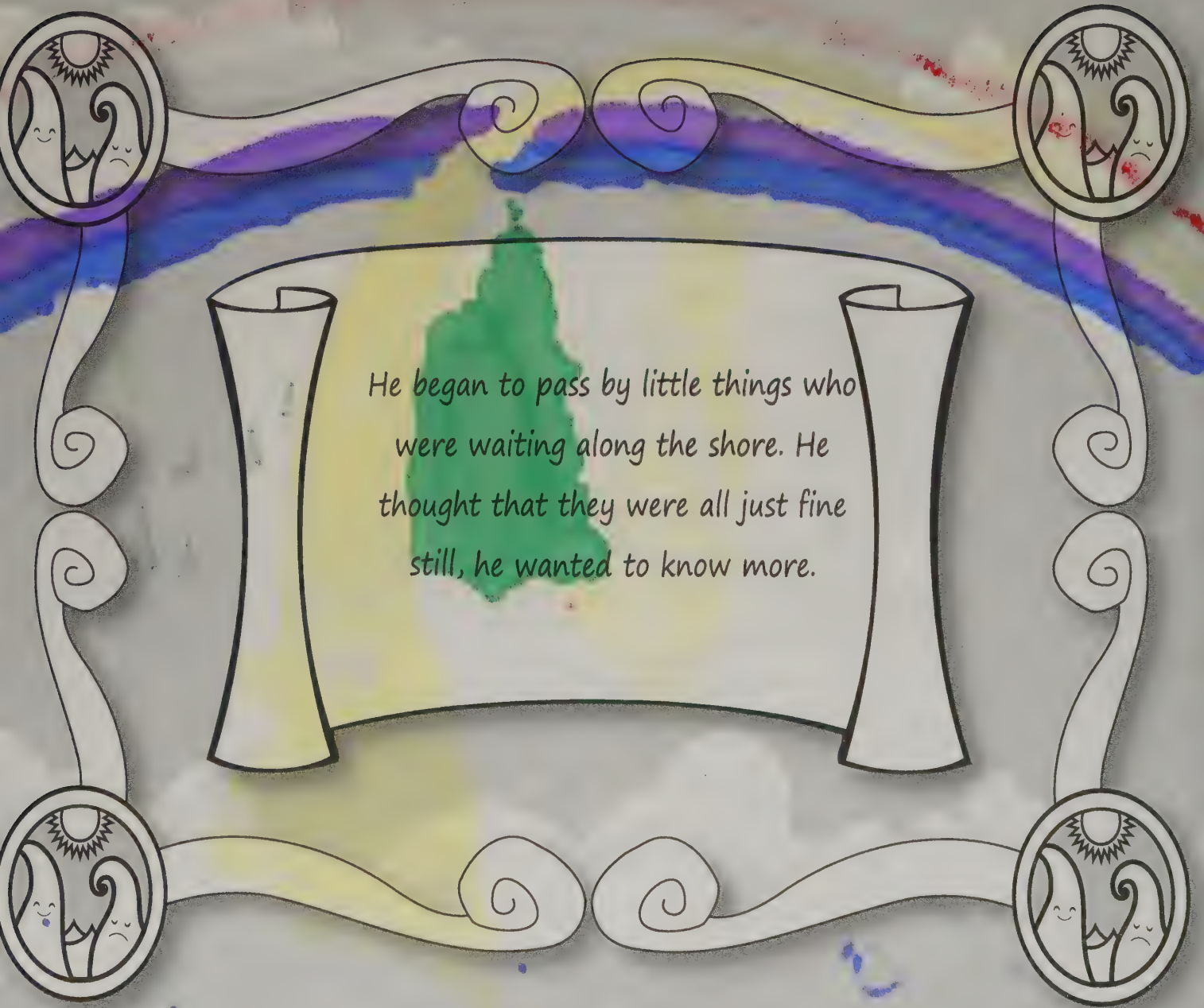


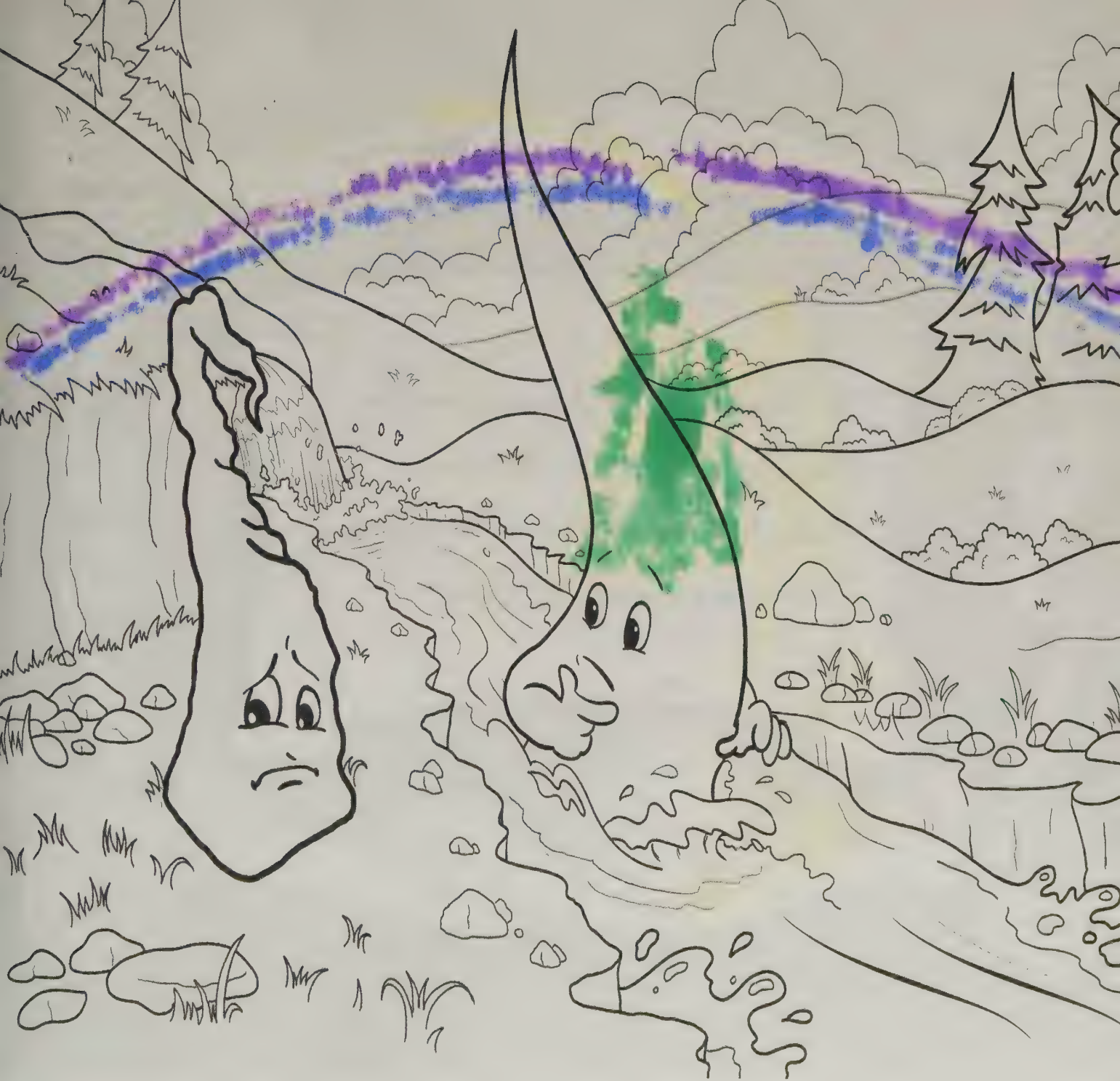
He soon came to a river
flowing in radiant light,
so naturally he jumped right in
and was off on a magical ride.



Artist(s) _____

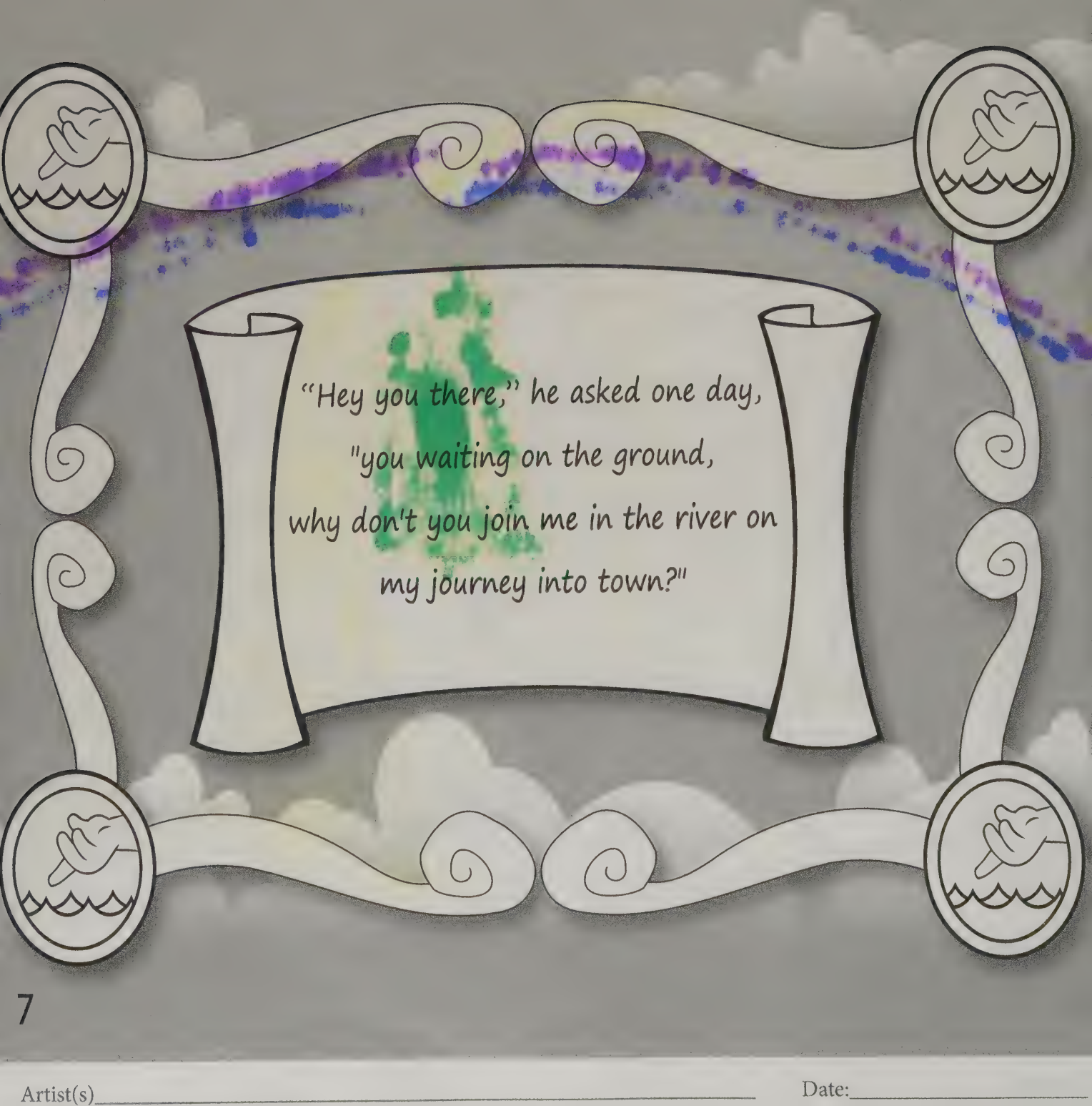
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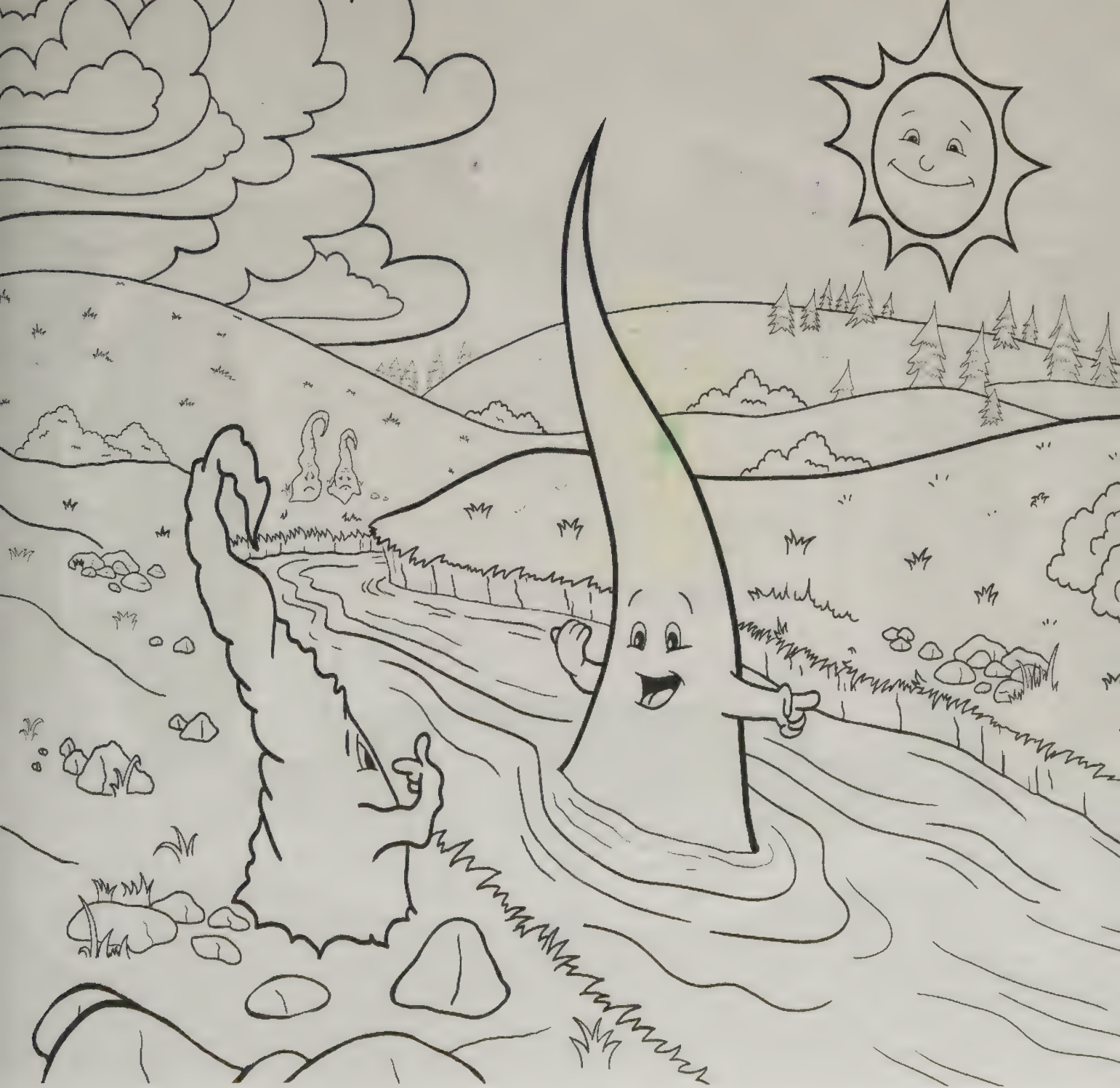


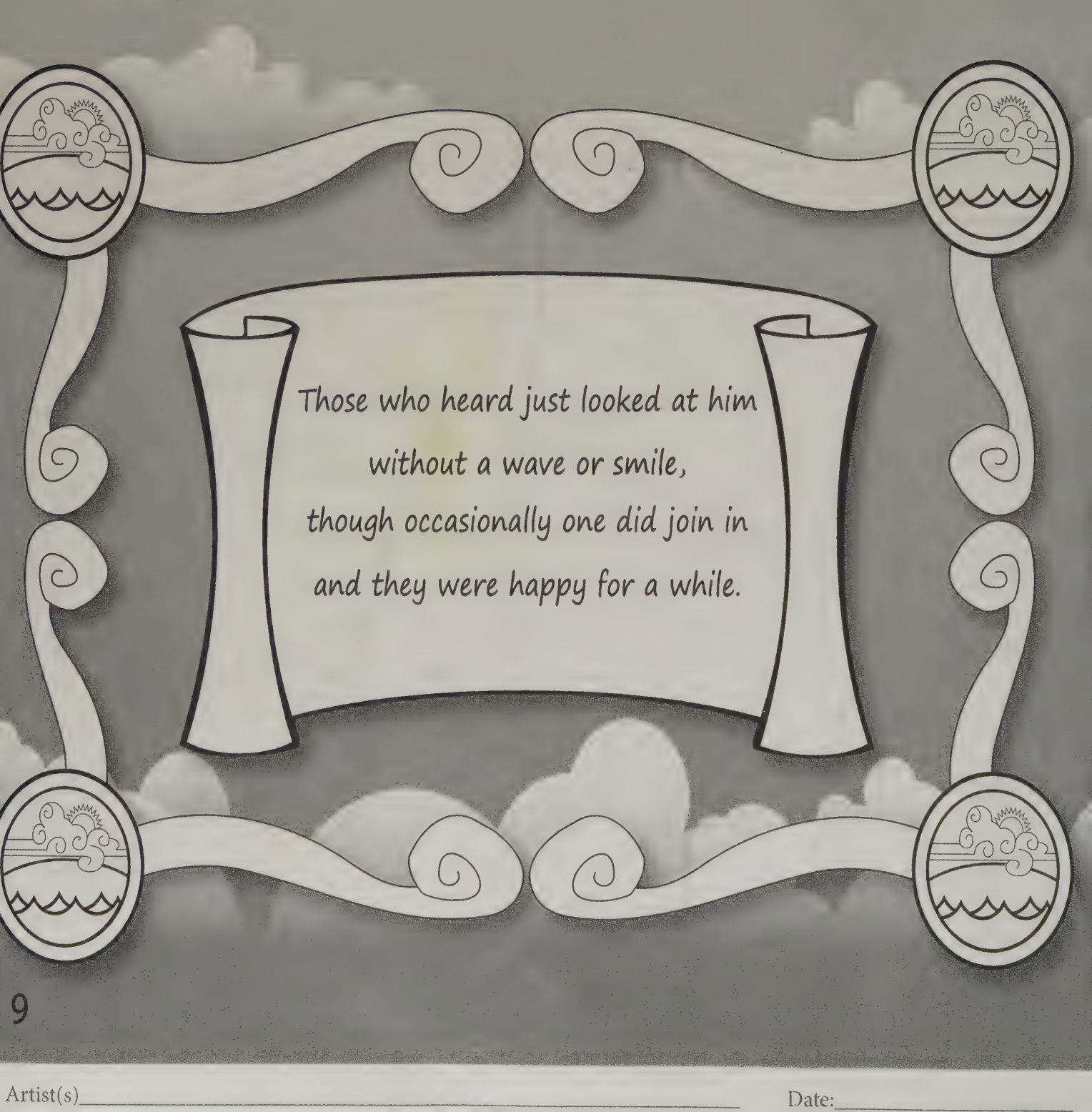
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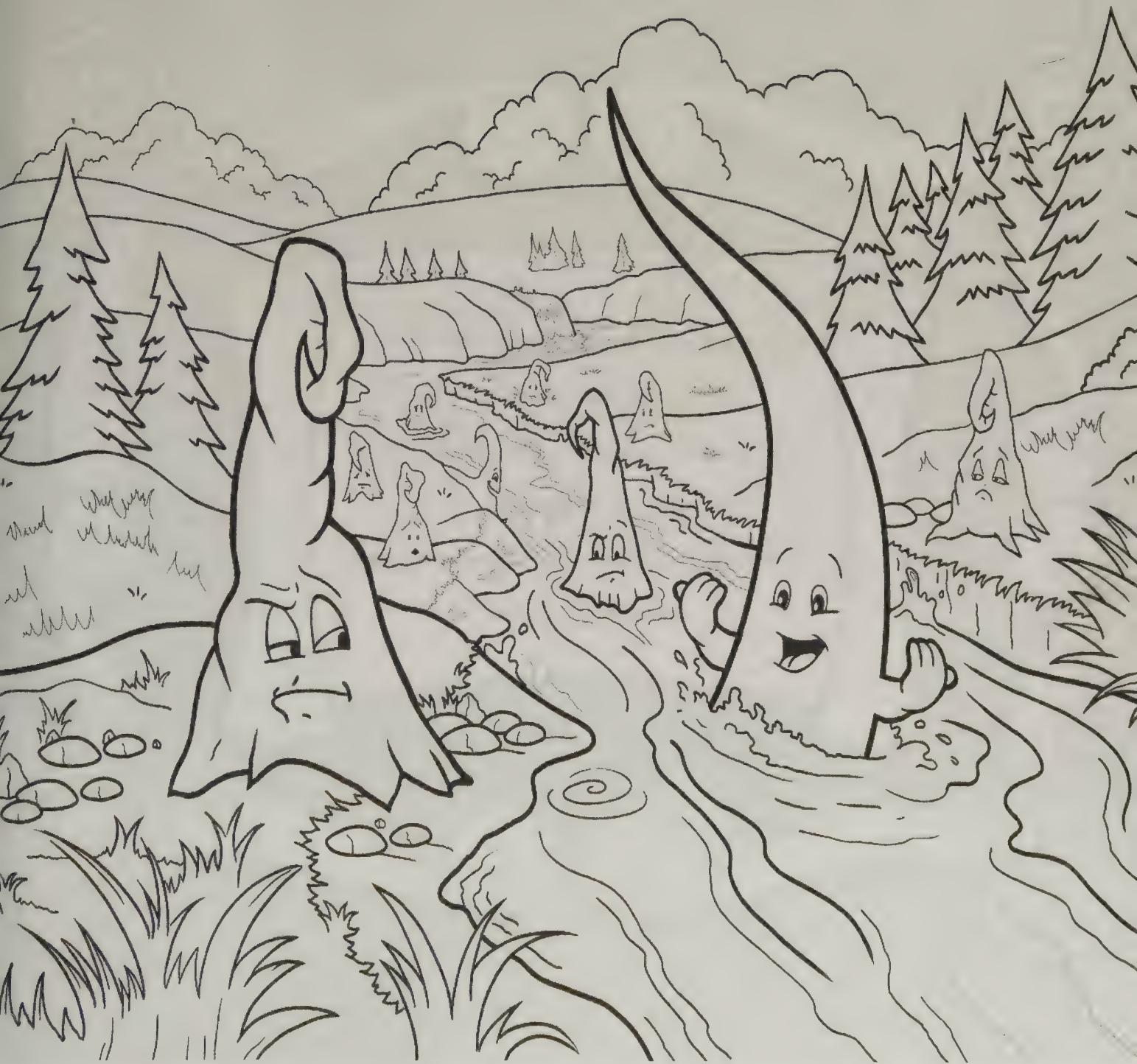


"Hey you there," he asked one day,
"you waiting on the ground,
why don't you join me in the river on
my journey into town?"



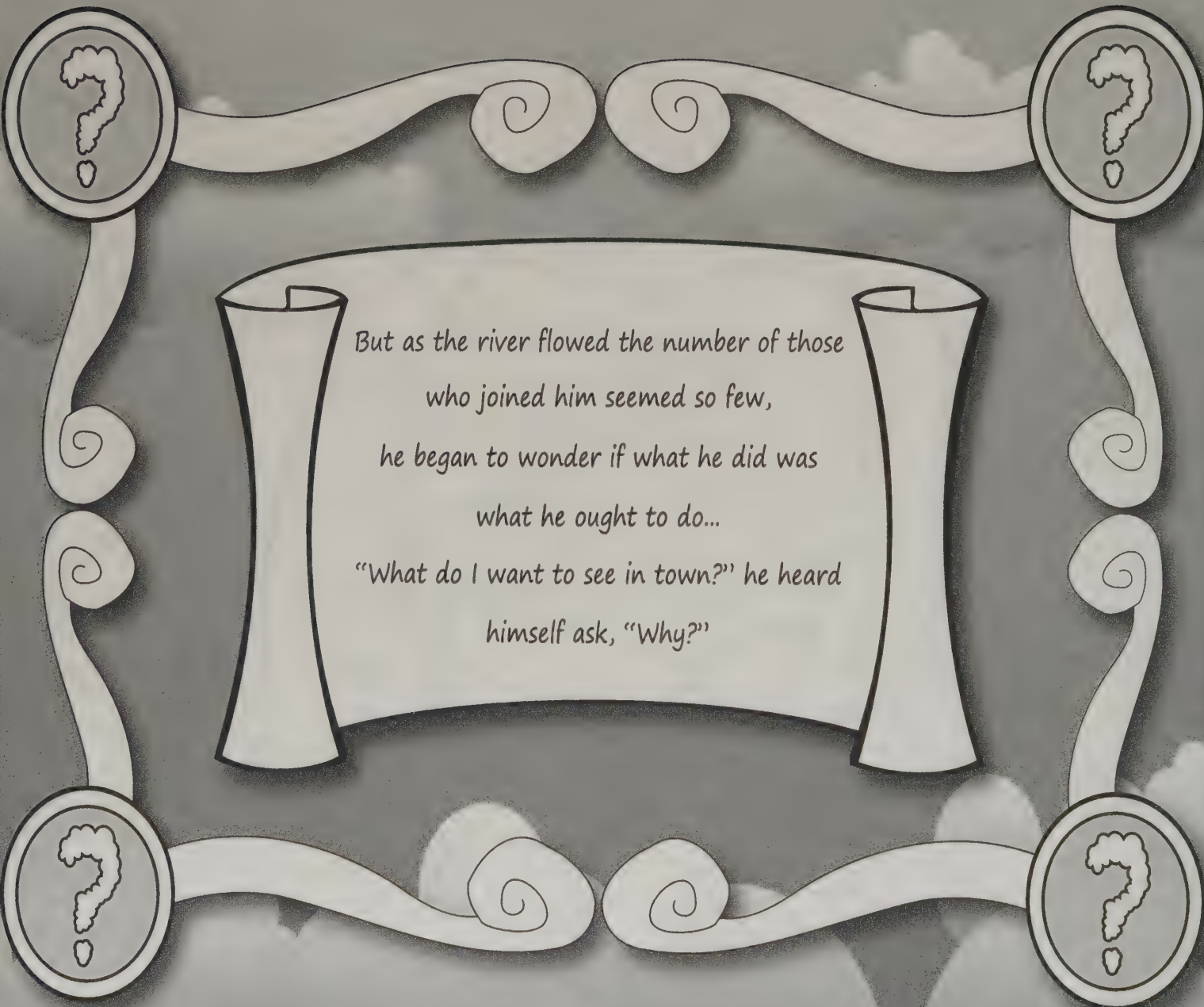


Those who heard just looked at him
without a wave or smile,
though occasionally one did join in
and they were happy for a while.



Artist(s) _____

Date: _____

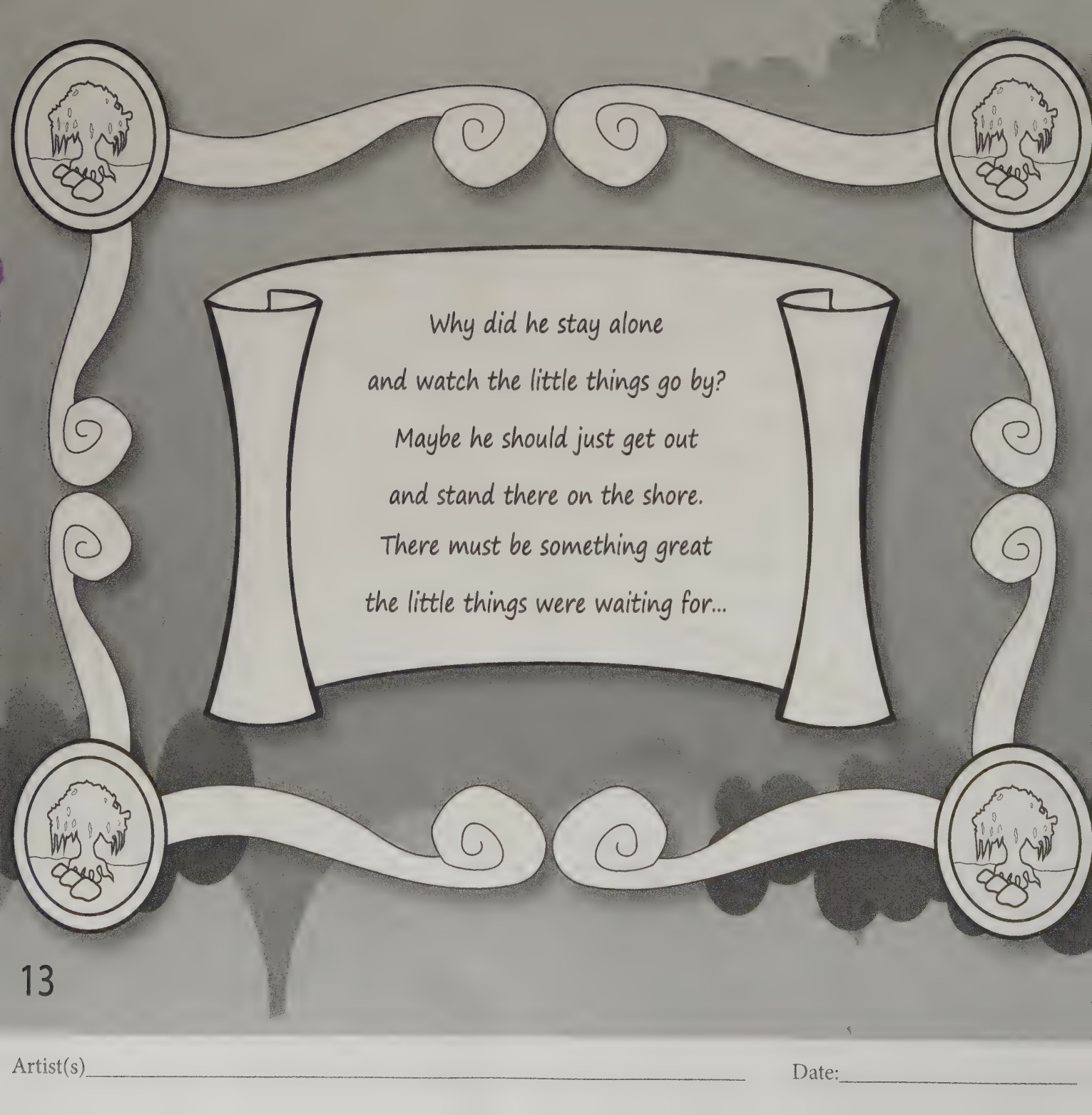


But as the river flowed the number of those
who joined him seemed so few,
he began to wonder if what he did was
what he ought to do...
"What do I want to see in town?" he heard
himself ask, "Why?"



Artist(s) _____

Date: _____

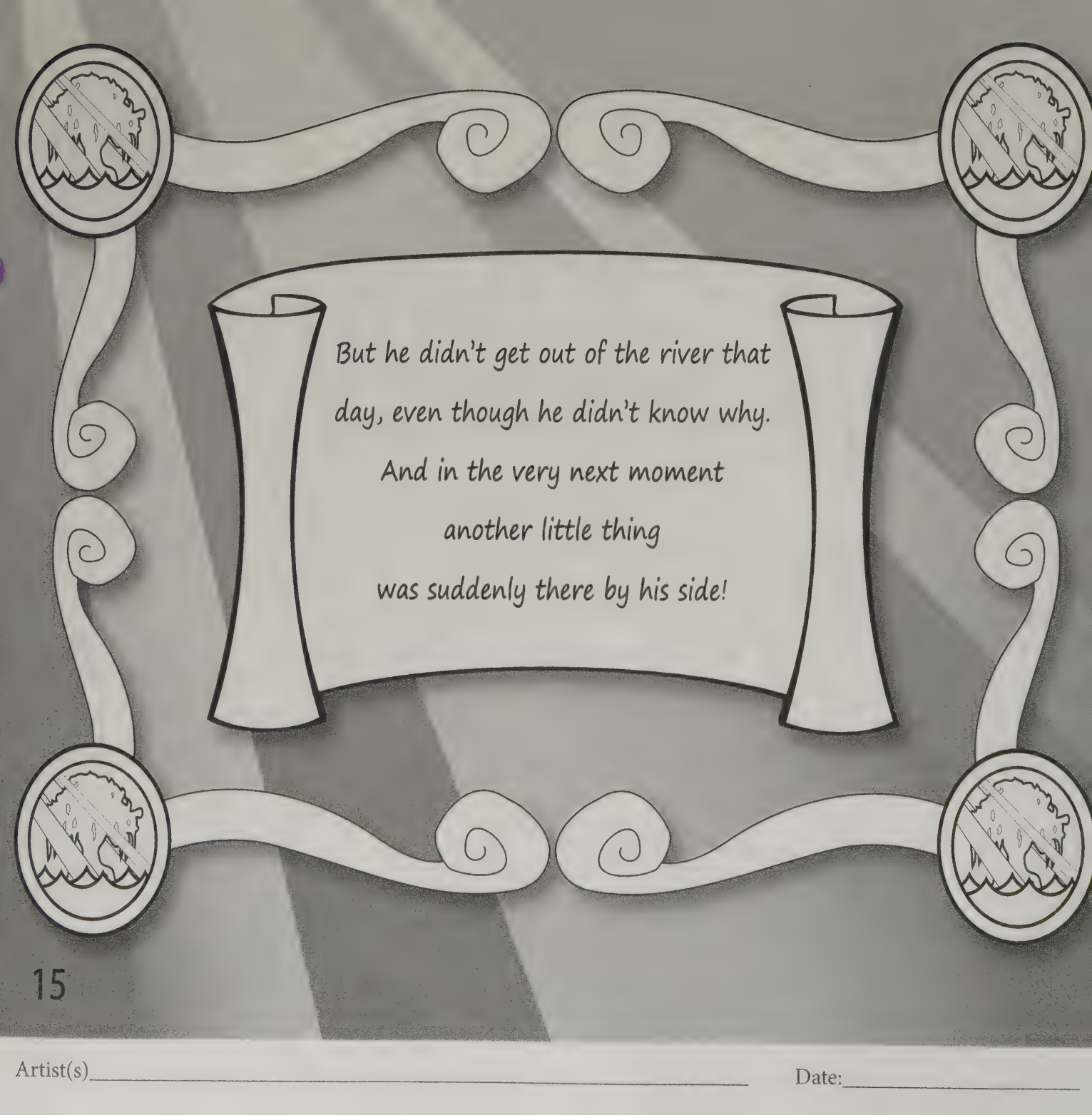


*Why did he stay alone
and watch the little things go by?
Maybe he should just get out
and stand there on the shore.
There must be something great
the little things were waiting for...*



Artist(s) _____

Date: _____

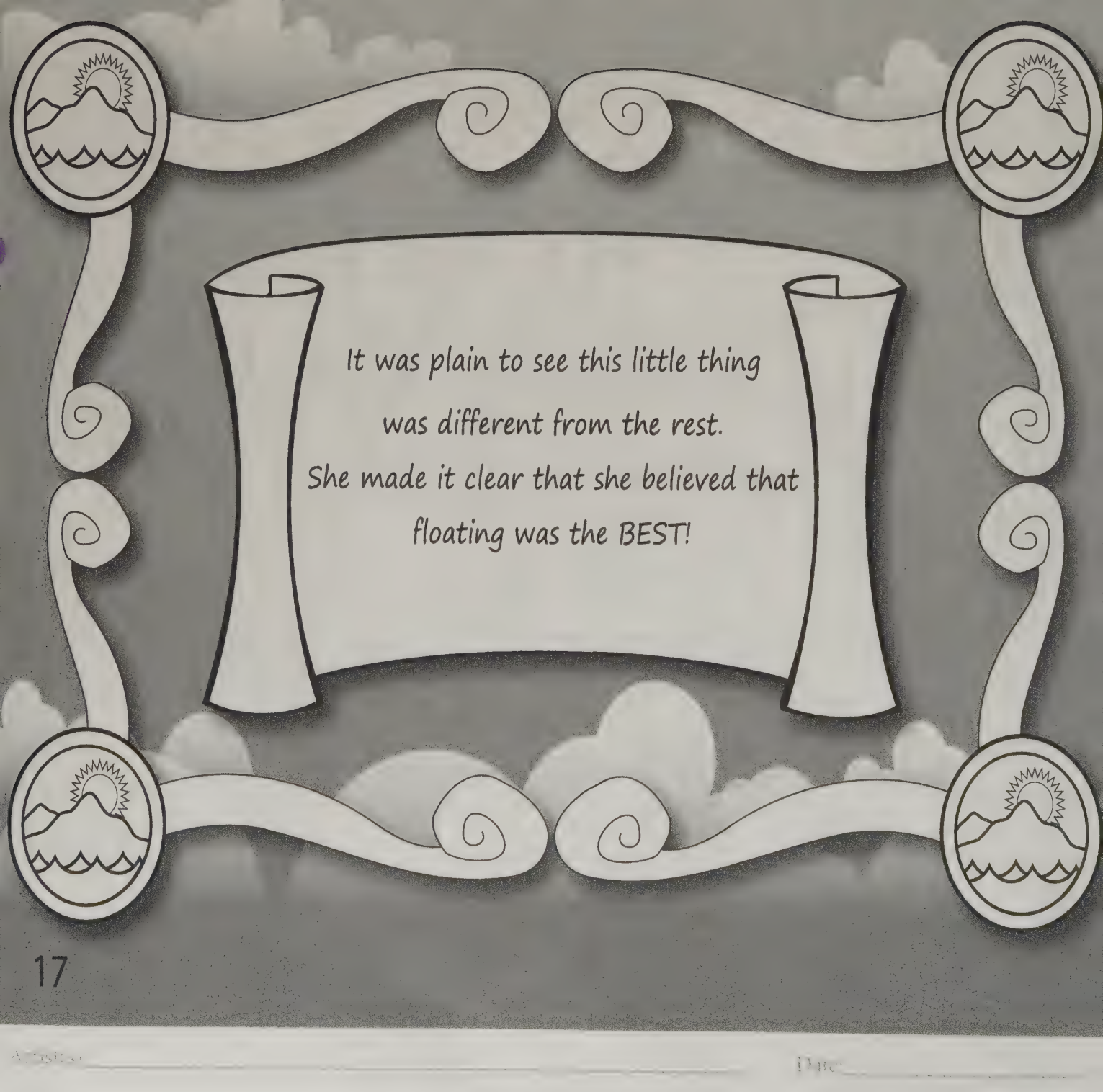


*But he didn't get out of the river that
day, even though he didn't know why.
And in the very next moment
another little thing
was suddenly there by his side!*



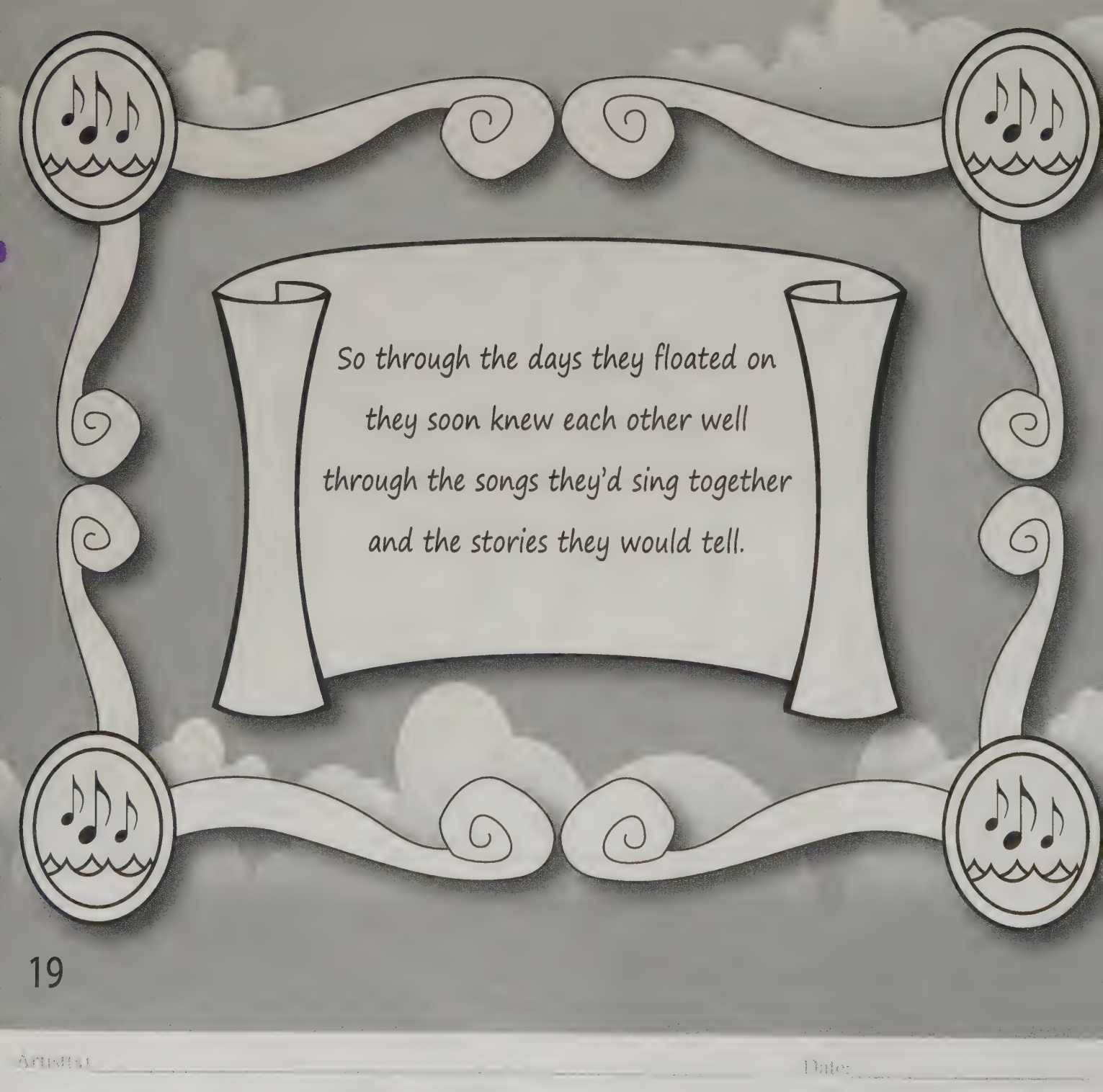
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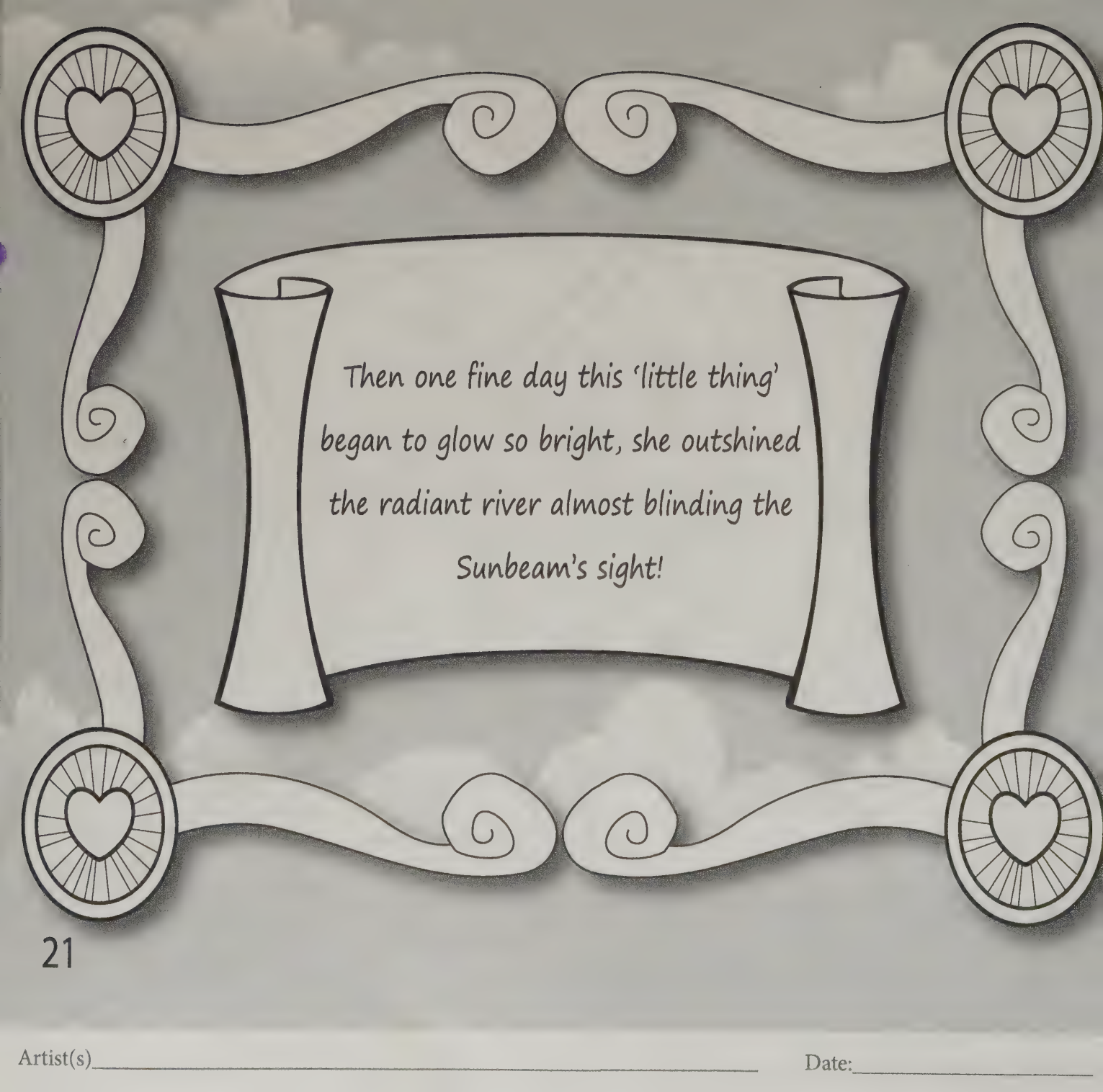
*It was plain to see this little thing
was different from the rest.
She made it clear that she believed that
floating was the BEST!*





*So through the days they floated on
they soon knew each other well
through the songs they'd sing together
and the stories they would tell.*



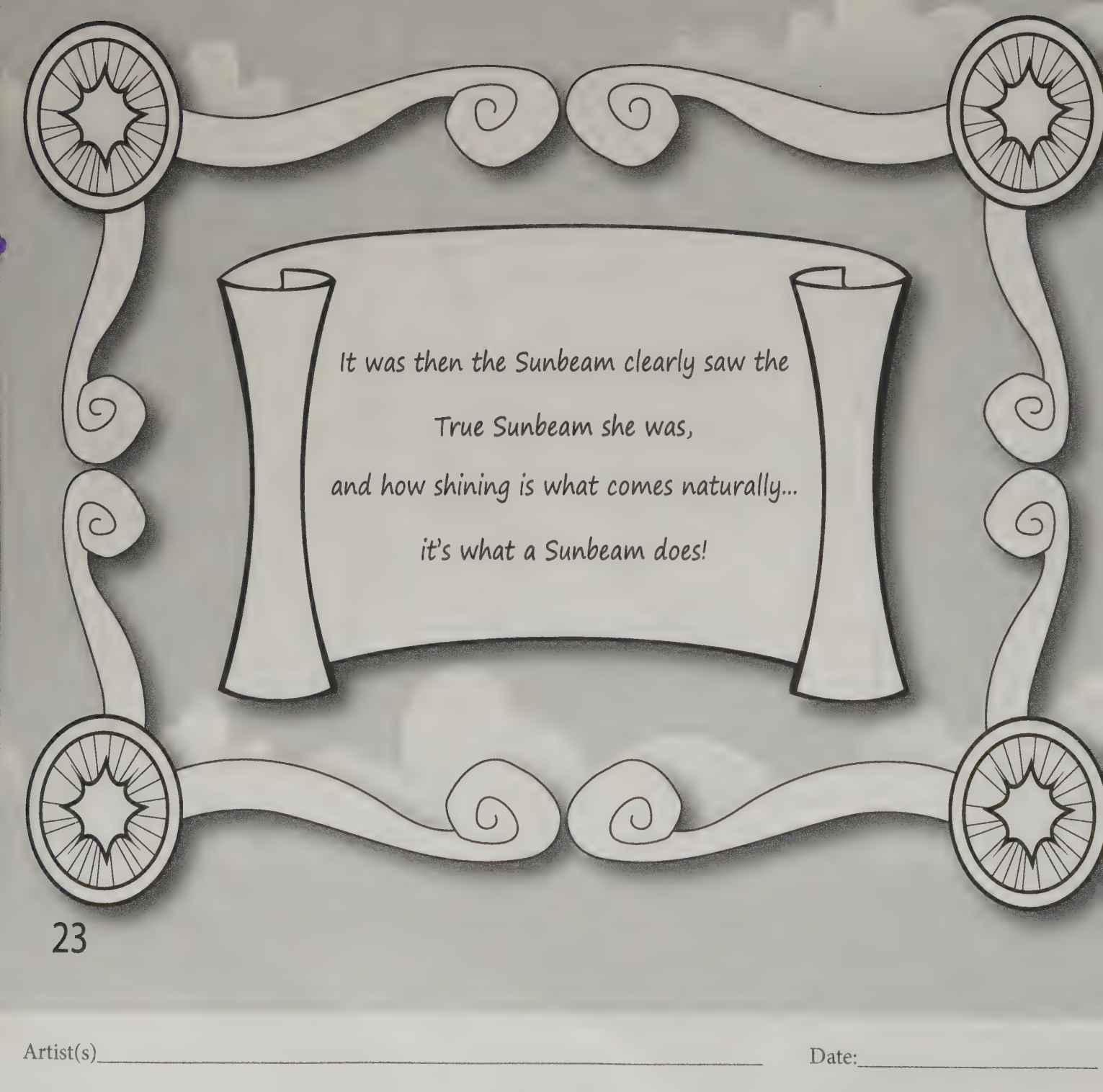


*Then one fine day this 'little thing'
began to glow so bright, she outshined
the radiant river almost blinding the
Sunbeam's sight!*



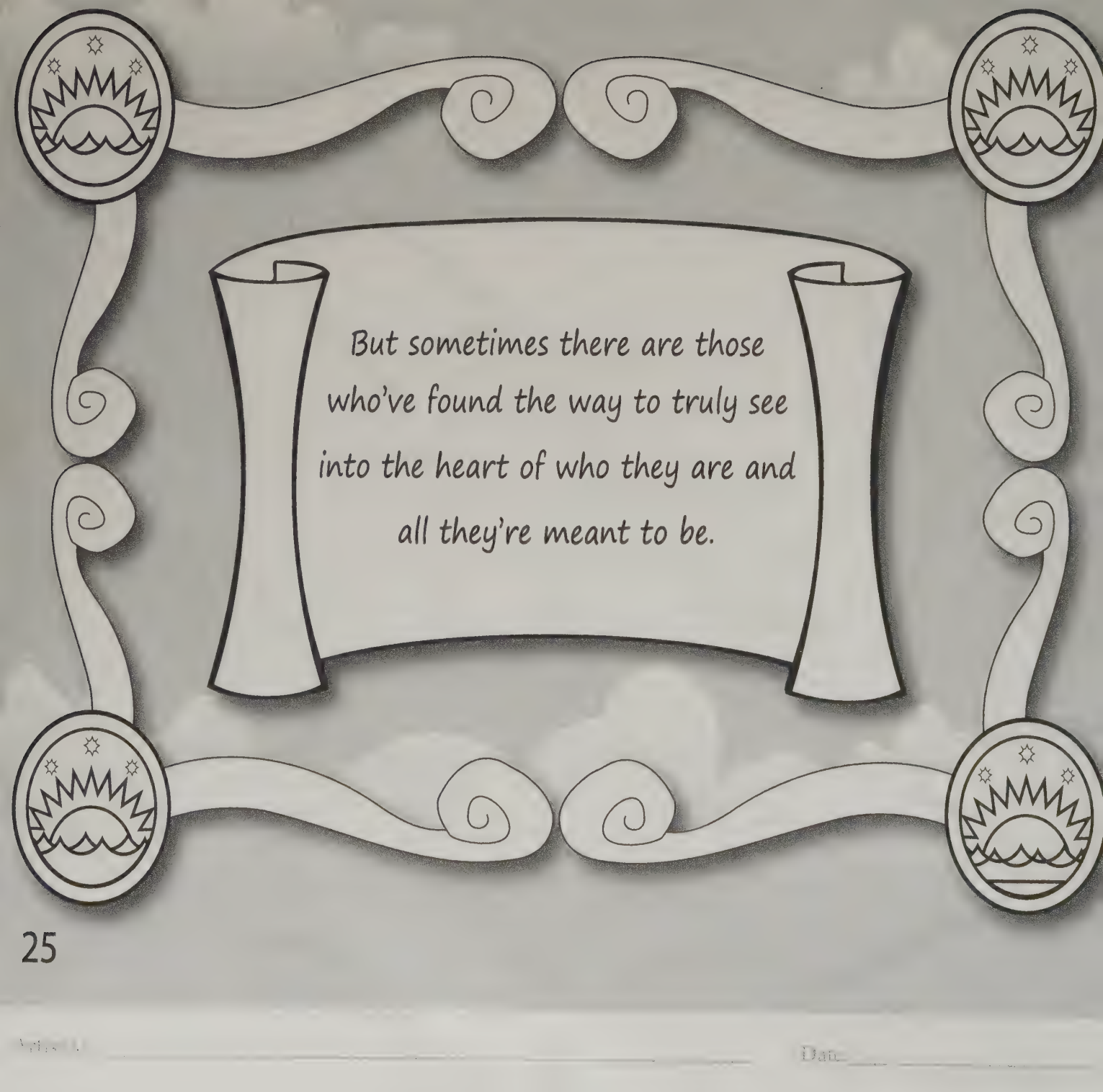
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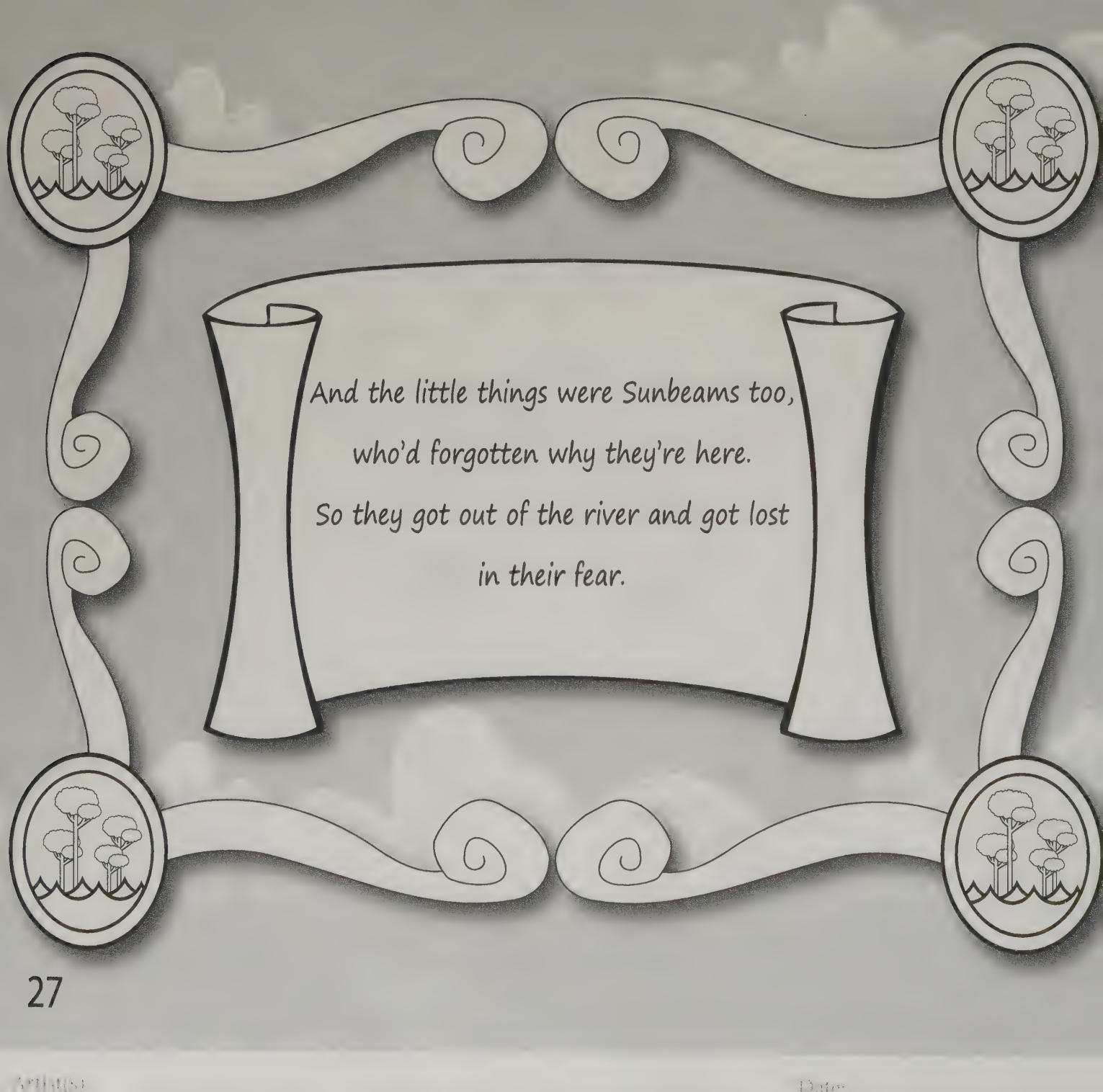
*It was then the Sunbeam clearly saw the
True Sunbeam she was,
and how shining is what comes naturally...
it's what a Sunbeam does!*





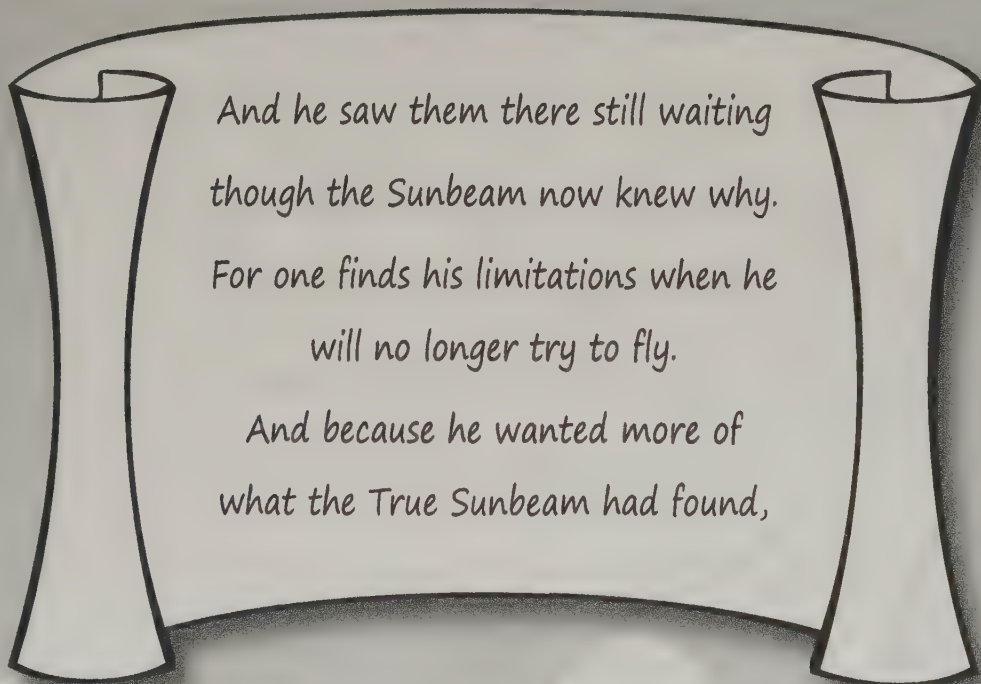
*But sometimes there are those
who've found the way to truly see
into the heart of who they are and
all they're meant to be.*





*And the little things were Sunbeams too,
who'd forgotten why they're here.
So they got out of the river and got lost
in their fear.*





*And he saw them there still waiting
though the Sunbeam now knew why.
For one finds his limitations when he
will no longer try to fly.*

*And because he wanted more of
what the True Sunbeam had found,*





Artist(s) _____

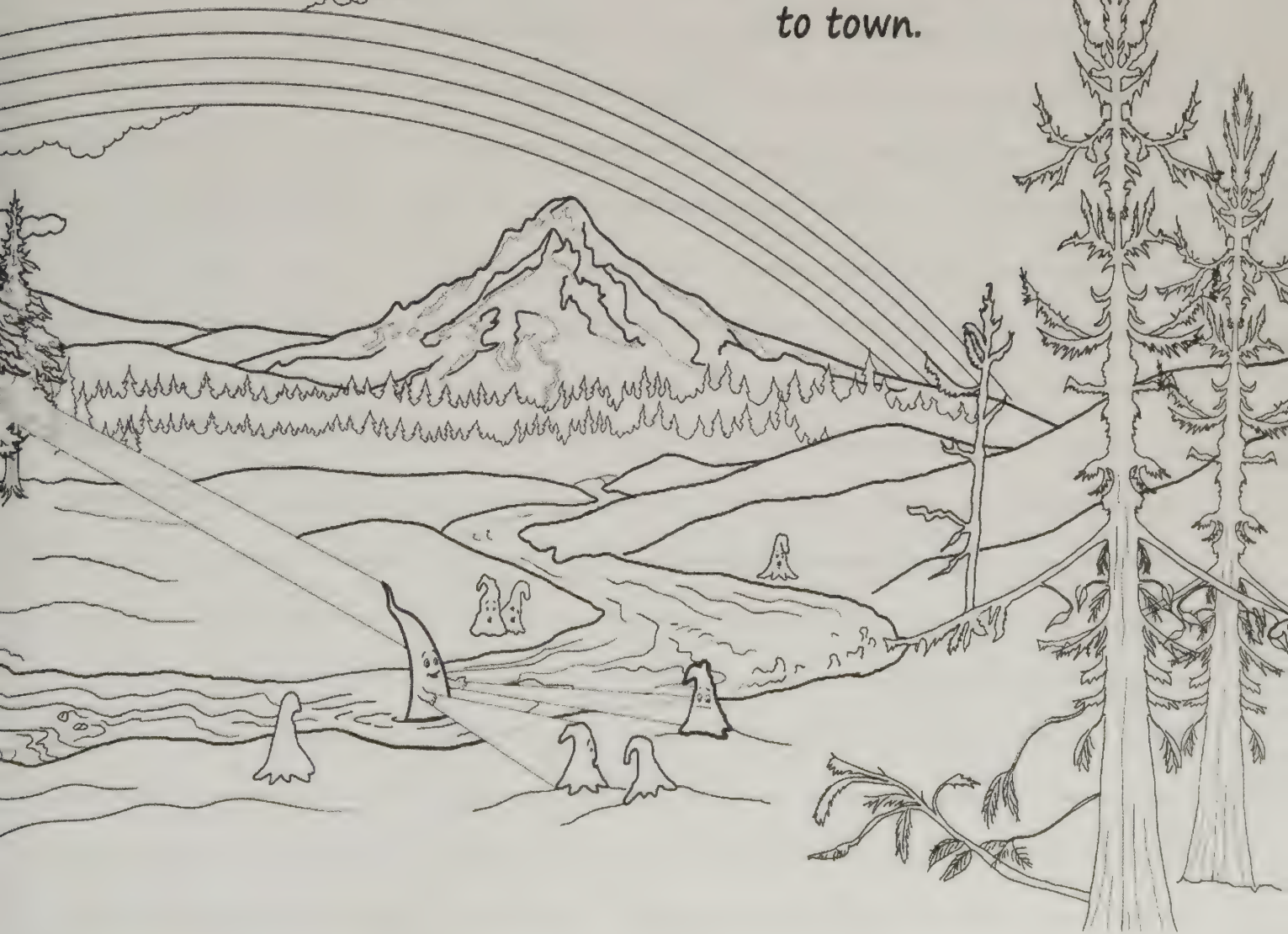
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Artist(s) _____

Date: _____

He practiced Shining brighter
as he floated on
to town.



SHINING MOMENTS

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper appears to be a standard notebook page, possibly from a composition book. The edges of the paper are slightly irregular, suggesting it might be a scan of a physical document. There is no handwriting or other markings on the page.

SHINING MOMENTS

SHINING MOMENTS

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper appears to be a standard notebook page or a sheet of stationery. There is no handwriting or other markings on the page.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

SHINING MOMENTS

SHINING MOMENTS

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

There's so much fun in saying "Yes!" when we hear the call "Come Play!" And so much to learn about ourselves each step along the way. I've come so far to find you now, from my home in the Sun. So we can help each other shine, and do what most needs done. So Thank You for now saying Yes! and joining in my dream, of bringing light to the darkness.

Your Friend,

The True Sunbeam

About the Author

Traveling the world as a singer-songwriter and author, Mark Olmstead is living his mission

"making a difference one song and one story at a time."

Mark grew up close to nature in the mountains of eastern Oregon. He was influenced at an early age by John Denver who helped inspire the idea of taking personal responsibility for our lives, as well as the conditions of the planet.

Among Mark's numerous recordings, "Starchild" was originally written for a children's musical and is now gaining new attention as the theme song of the True Sunbeam Series.

Knowing that children are our future, Mark is creating keepsakes for children of all ages to help bring families – and the human family – closer together.

Stay tuned for the next
Adventure of the True Sunbeam
by visiting

www.TrueSunbeam.com.

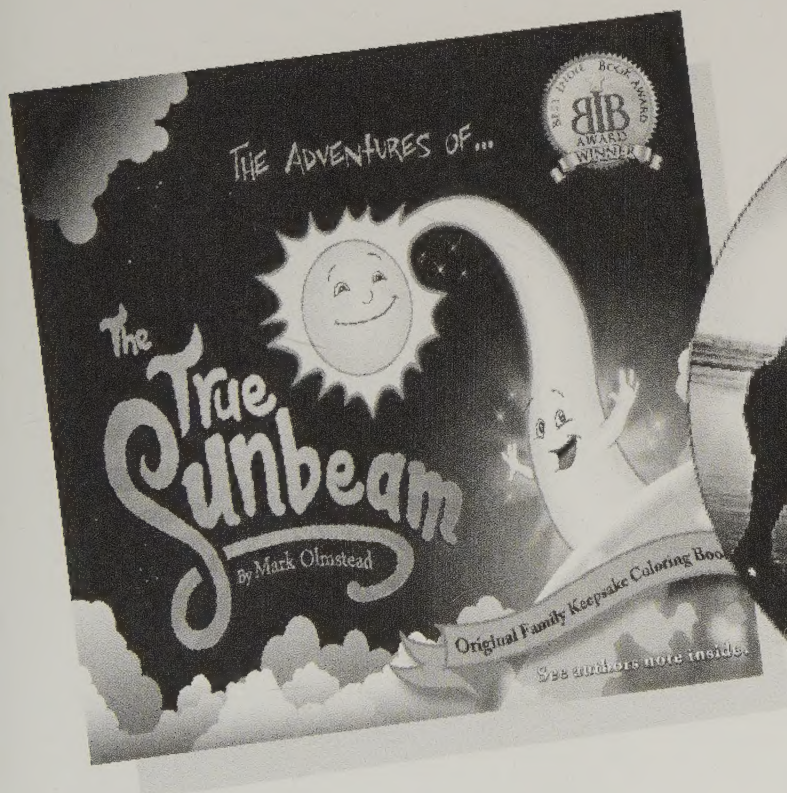
While there, download the song "Starchild" and
find out how YOU can help co-create the next adventure!

Welcome to the True Sunbeam Family!

Download the FREE Companion Song

Star Child

And Enjoy It With Your Child Today!

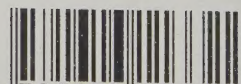


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The Original Family Keepsake Coloring Book

"...a coloring book for young and old...The Adventures of the True Sunbeam is a story a child can understand that has an undercurrent of the trials we face on our journey through life and how the people we meet along the way can change our outlook. It brings to light the importance of being positive, overcoming fear and stretching to become the best we can be...I can hardly wait to read this to my great grandchildren."

Lynette Perry
Media Consultant

Inspiring, family-friendly fun!

**Follow the True Sunbeam
as he ventures down the river to discover his true nature – to shine!**

With delightful poetry that warms the hearts of all, this original story will bring everyone together by getting to color a picture that you can co-create with your inner child, family and friends, and remind yourself often that.....



you too, have a Sunbeam within...

